



MAKE FAT CAKES FOR THE BIRDS

Birds love fat cakes and at this time of year they're just what they need to give them energy and keep warm..



15 minutes

TASK INSTRUCTIONS

1. The best ratio for this recipe is one part fat to two parts dry mixture.
2. Mix all your dry ingredients together in a bowl.
3. Melt some lard or suet in a pan and add the dry mix. Stir well until the fat has all been absorbed and the mixture sticks together
4. Make a hole in the bottom of a yoghurt pot and thread through a length of twine or string, then pack the pot with your warm fat mixture.
5. Set the cakes in the fridge overnight then remove from the pots Place in the fridge overnight to set, then cut through and peel away the pot. Tie a big knot at one end of the twine to secure the cake.

EQUIPMENT

- Bowl
- Lard
- Saucepan
- Spoon
- String or twine
- Old yoghurt pot/ Paper Cup
- Unsalted peanuts/ bird seed
- Currants
- Sultanas
- Oats
- Breadcrumbs/Cake crumbs

This activity goes towards badge requirements for;

cubs SCOUTS



**Parental support recommended
Take care when working with Heat
Take care when using hot ingredients .**