



GROW A CRESS SEED HEAD

This week we want you to put your green fingers to the test by creating your very own cress seed head. Can you create a really creative character?



15/30 minutes

TASK INSTRUCTIONS

EQUIPMENT

- Cress Seeds
- Yogurt Pot or Plastic Cup
- Cotton Wool Balls
- Water
- Felt tips
- Stickers
- Googly eyes
- (Think creatively)

1. Gather your equipment
2. Decorate your paper cup or yogurt pot to show a face. It can be any design you like. Try and think creatively. Could you include your uniform?
3. Fill the cup almost to the top with the cotton wool pads or balls.
4. Dampen slightly with cold water.
5. Sprinkle your cress seeds onto the top of your cotton wool.
6. Wait... how long will it take for your cress seeds to grow?

This activity goes towards badge requirements for;

BEAVERS

cubs



Parental Supervision may be required